

Welcome @

ILLIE MANGARO

catered events &
teambuilding activities



Illie Mangaro strives to send consciousness-expanding events into the world, always in an atmosphere of abundance.

This is how our community Hi Awake Soul was born.

Every month Illie Mangaro invites a motivational speaker to tell his/her inspiring story.

We had the pleasure of welcoming **Chantal Saïdi** with her vulnerable story of how she overcame breast cancer and the insights that emerged along the way.

Stefaan De Vreese (Titanology, Out & Proud Business Hub) tells how he helps entrepreneurs to a higher level.

Eva Storm (Lazuli training) tells about 'Awaken your mind & ascend to 5D.'

up-coming speakers:

- **31/08 Stefaan Devreese:** "Design your business to run itself".
- **29/09 Claude Chielens:** "Positivity as a lever in your (business) life."
- **20/10 Erwin Janssens:** "How to regain your resilience."

Ready to be part of Illie's community?

With love,
Illie's team - www.illiemangaro.be

Cocktails

Bloomtail plus · 10€

Mojito · 10€

Passion Fruit Martini · 10€

Mocktails

Bloomtail · 8€

Spiced passion fruit · 8€

Fruity Lemon · 8€

Soda

Ritchie: Orange, Cola, Cola Zero,

Lemon, Grapefruit 27,5cl · 4€

Ginstbronnen still/sparkling water · 2,5€

Ginger Beer · 3,5€

Almdudler · 3,5€

Fresh orange juice 40cl · 5€

Beer

Stella 33cl · 3,5€

Hoegaarden rosé · 4,5€

Tripel Karmeliet · 4,5€

Apero

White wine (Laurent Miquel Chardonnay

Viognier) · 5€ glass/ 20€ bottle

Cava · 6€ glass/ 24€ bottle

Rosé Solval Languedoc · 5€ glass/ 20€ bottle 75 cl

150 cl 30€

Bites

Chips salt/paprika · 2€

Chicken nuggets · 6€

Vegetable sticks · 6€

Sweet potato fries · 6€

Vegan dumplings (GF/V) (edamame, bloemkool, tom/chilli) · 7€

To share

3 mix with Thai green curry balls + Asian spring rolls + Indian mixed pakora · 12€

Asian spring rolls · 9€

Mains

Tom kha, authentic Thai coconut soup (V) · 8€

Nasu dengaku & jasmine rice (GF/V) · 13,50€

Nasu dengaku & sweet potato fries (GF/V) · 13,50€

Asian noodle wok · veggie · 12€

Asian noodle wok · chicken · 13,5€

Pasta coniglione basil pesto with arugula,
cherry tomatoes & parmesan (Ve) · 10€

GF: Gluten Free
V: Vegan
Ve: Veggie



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